Eccotriol Ointment.
Calcipotriol and Betamethasone dipropionate.

About This medication:
What the medication is used for: Eccotriol is used for topical treatment of psoriasis Vulgaris on your body. Eccotriol not be used on the face.

What it does:
Eccotriol Contains two active ingredients; Calcipotriol,a Vitamin D-like agent and;Betamethasone, a corticosteroid(“steroid”).psoriasis results from skin cells growing and dividing too quickly, Causing plaques (scaly, red patches) to form on the skin. Calcipotriol comes from naturally occurring vitamin D and acts to return the growth of the skin to normal. The topical steroid betamethasone acts to control inflammation (redness, swelling) associated with psoriasis. The combination of calcipotriol and betamethasone in Eccotriol Ointment is more effective for treatment of psoriasis and is faster acting than if these two ingredients were used alone.

When it should not be used:
- Do not use this product if you are allergic to any of the ingredients in Eccotriol ointment, or to components of the tube.
- Eccotriol is not for use in your eyes.
- Do not use to treat viral, fungal, bacterial skin infections, tuberculosis of the skin, syphilitic skin infections, chicken box, eruptions following vaccination, and in viral diseases such as herpes simplex, varicella and vaccinia because Eccotriol Contains Steroid.

What the medicinal ingredients are:
Calcipotriol (vitamin D analog) and Betamethasone Dipropionate (Corticosteroid)

What the important nonmedicinal ingredient are:
Vitamin E acetate, light liquid paraffin, white soft paraffin, cetostearyl alcohol and BHT.

What dosage forms it comes in:
Eccotriol is available as a topical Ointment containing 0.05mg/g calcipotriol and 0.643 mg/g betamethasone dipropionate. (equivalent to 0.5 mg betamethasone)

Warning and Precautions:
- Calcipotriol, a medicinal ingredient of Eccotriol, when used with ultraviolet radiation (UVR) may increase the risk of developing skin cancer caused by UVR. calcipotriol alone does not cause cancer.
- Eccotriol should only be used during pregnancy or while nursing if the benefit clearly outweighs the potential risk to your baby. Tell your doctor if you are pregnant, nursing, or become pregnant during your treatment.
- If more than the maximum recommended weekly amount of Eccotriol is used (i.e., 100g), there is the risk of developing high blood calcium levels.
- Eccotriol is not recommended for children under 18 years of age. Children may be more prone to side effects from steroid in Eccotriol.
- Eccotriol should not be applied to large areas of damaged skin, in skin folds or under air tight bandages/dressing.
- If you have been given Eccotriol for long term use, it is best if your treatment is broken up occasionally or if one area of your body is treated at a time. With long term use with or without any breaks in treatment, the steroid contained in Eccotriol may cause stretch marks or shrinking of the skin or tissues under the skin. If this occurs, treatment should be stopped.
Before you use Eccotriol talk to your doctor or pharmacist if:

- You have viral, fungal or bacterial skin infections, tuberculosis of the skin, Syphilitic skin infections, Chicken pox, eruptions following vaccination, viral disease such as herpes simplex, varicella and vaccinia.
- You are currently using other topical corticosteroids.
- You are using sun tanning beds or sun lamps.
- You are currently using phototherapy for your psoriasis.
- You have allergies to any of the ingredients in Eccotriol Ointment or to components of the tube.

**Interactions with the medication:**

There is no clinical trials experience on the interaction of Eccotriol with other drug for psoriasis.

**Proper Use of the medication:**

Eccotriol should be rubbed onto affected skin areas once a day. You should begin to see an improvement within the first week. Best results are seen within 4 weeks. Your doctor will decide if you need longer treatment. The maximum amount of Eccotriol ointment you should use in one week is 100 g.

**Using the ointment:**

- Remove the cap. Check that aluminum seal has not been broken before you use it for the first time. To break the seal, use the other end of the cap to pierce the seal.
- Gently rub the ointment on the areas of your skin affected by psoriasis. Wash your hands after using Eccotriol to prevent getting any on your face. You can wear your usual clothes and no special dressing or cover is needed.
- If you accidentally spread Eccotriol onto surrounding healthy skin, wash it off right away.
- Eccotiol is not recommended for use on your face. If you accidentally get some on your face, wash it off right away.
- Do not use more than the maximum 100 g of ointment in one week (equal to 5 mg calcipotriol)
- Do not apply Eccotriol on large areas of damaged skin, in skin folds or under an air tight bandage/dressing. This could increase your risk of side effects.
- If Eccotriol ointment is used with (cream, ointment or scalp solution) Contains Calcipotriol, then the total amount of calcipotriol should not be greater than the maximum amount of 100 g allowed in one week.
  
  For Example, if you use 60 g of Eccotriol ointment, You shouldn’t use more than 40 ml of any preparation Contain Calcipotriol.

**Overdose:**

- From Calcipotriol: the calcipotriol in Eccotriol can lead to increased blood calcium levels if more than the maximum 100 g weekly amount is used. This effect is reversible when treatment is stopped.
- From Betamethasone: Long term use of topical steroids can lead to symptoms of Hypercorticosteroidism, including Cushing’s disease. Recovery is fast and complete once the steroid is stopped.

**Missed dose:**

If you forget to use Eccotriol at the right time, use it as soon as you remember. Then go on as before.
**Side Effects and What to do about them**

The most common side effects from the use of Eccotriol is itching which is usually mild. The calcipotriol in Eccotriol may cause local irritation which is usually mild and temporary. Rare cases of allergic reaction to calcipotriol can lead to high blood calcium levels but this usually related to using more than the weekly maximum of 100 g. Side effects from the steroid in Eccotriol are generally local and include dryness, itching, burning, local irritation, stretchmarks, various types of skin rashes and red, swollen hair follicles if applied to the face, an acne-like rash and swelling can occur.

**Serious Side effects, how often they happen and what to do about them:**

<table>
<thead>
<tr>
<th>Symptom/effect</th>
<th>Talk with your doctor or pharmacist</th>
<th>Stop taking drug and call your doctor or pharmacist</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Rarely:</strong> Headache, fever, chills, arthralgia, malaise, anorexia and nausea.</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Very rarely:</strong> Fatigue, depression, mental confusion, anorexia, nausea, vomiting, constipation, increased urination and in some patients, cardiac arrhythmias.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

This is not a complete list of all side effects. For any unexpected effects while taking Eccotriol, contact your doctor or pharmacist.

**Package:**
Carton Box Containing aluminum tube of 15 gm ointment & insert leaflet.

**How to store it:**
- Keep Eccotriol in a safe place where children cannot reach it.
- Keep Eccotriol away from your pets. The medicine (Calcipotriol) can be fatal to dogs if eaten. If your dog eats Eccotriol contact veterinarian immediately.
- Do not use Eccotriol past the expiry date marked on the tube.

**Storage condition:**
Keep in a dry place at temperature not exceeding 30°C